

The Purity of Mind.

What is the mind?

Definition

- *Elements in an individual that feels, perceives, think, wills and especially reasons.*

“Surely you know that all the food that enters the mouth goes into the stomach. Then it goes out of the body. But the bad things people say with their mouth come from the way they think. And that’s what can make people wrong. All these bad things begin in the mind: evil thoughts, murder, adultery, sexual sins, stealing, lying, and insulting people. These are the things that make people wrong. Eating without washing their hands will never make people unacceptable to God.””

Matthew 15:17-20 ERV

- Ever asked yourself where sin comes from?
- Does it come from not going to church? Not giving? Not praying? Not washing hands or observing some traditions?

No...Jesus Christ says all bad things people say with their mouth come from the way we think. All bad things begin in the mind.

- There is never something like "I was drunk thus I did that" ...we always know what we are doing.....we have already reasoned and decided what to do
- We got power in our thoughts.
- If we say it's impossible, it will be impossibleif we say we can ,we will do it

Ever seen a very ill person get well?..it's because they have decided and willed to live

However, if you give up yourself, trust you me you will not make it

- As a man thinketh ,so he becomes

How then do we maintain and protect the purity of our mind?

1. Decide to be pure

As we defined the mind, it's solutions begin from it

With your mind decide to remain positive, pure and Godly in your thoughts.

"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

2 Corinthians 10:5 NIV

- Paul says to be victorious in this journey of faith , we need to take captive our thoughts and make them obedient to Christ.
- We better tell our minds that it's only God who will help us
- Our solutions lie with God and therefore when we find ourselves disobeying Gods word then we should be alarmed.
- It's God's word that has solutions for all our problems be it in business, marriage, singlehood e.t.c

“That, however, is not the way of life you learned when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.”

Ephesians 4:20-24 NIV

- Our old lives were led by deceitful desires but now since we got to choose to follow Christ we need to have new attitudes of our minds.
- Being new means embracing our true image of being holy and right with God.

1. **Learn from Jesus Christ**

Being pure in mind can only be learnt from the best.

Though Jesus was tempted beyond us ,the scriptures say he never sinned.

Meaning , he didn't even have an evil thought that could make him sin.

““Call to me and I will answer you and tell you great and unsearchable things you do not know.””

Jeremiah 33:3 NIV

- God assures us that only him can teach us the impossible things
- Learning from him promises us to get to know great things.

“Think only about what is up there, not what is here on earth. Your old self has died, and your new life is kept with Christ in God. Yes, Christ is now your life, and when he comes again, you will share in his glory. So put everything evil out of your life: sexual sin, doing anything immoral, letting sinful thoughts control you, and wanting things that are wrong. And don’t keep wanting more and more for yourself, which is the same as worshiping a false god.”

Colossians 3:2-5 ERV

- To make it to heaven, we got to tune our minds to focus only on heaven things.
- Letting sinful thoughts control us will only make us lose the glory set before us.
- Wanting more and more for ourselves shows where we have invested our minds.
- Christ focused on setting us free, he left everything to accomplish what he set his minds on and that is saving us.

Don’t change yourselves to be like the people of this world, but let God change you inside with a new way of thinking. Then you will be able to understand and accept what God wants for you. You will be able to know what is good and pleasing to him and what is perfect.”

Romans 12:2 ERV

- Let God change your thinking by submitting to him

- It's only when we accept our minds to be renewed then we shall understand and accept Gods will in our lives.
-

As I conclude :-

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

Philippians 4:8 NIV