

THE BODY

Definition:

- Body is the flesh as opposed to the spirit
- The physical structure and material substance of an animal, plant or other organism.

Romans 7:14-23

Nothing good while controlled by our sinful nature which is the flesh or the body

Quiz

- Have you find yourself doing what you never planned to do both spiritually and physically?

This is true for all of us that the things we desire to do sometimes are not the things that we do.

Because within ourselves there is a serious war taking place against members of our own bodies so that we may not use our bodies to do what God has commanded us to do, and that's why we should be on high alert

Matthew 26:36-41

Most of the time or let say all the time our spiritual being is willing to do great things for God but our bodies are the stabling block for our spiritual development

Peter, James and John were close friends of Jesus, and Jesus needed their support but their body couldn't allow them

- What is it that you have been planning to do for God but you find yourself doing the opposite?

We should fight our body until it accepts the will of God in our lives

1Cor 9:24-27

Our bodies can become anything you command it to become.

If our bodies are leading us to sin the reason is that they are not receiving the command from our inner being!

We should empower your spiritual being with the scriptures so that we can command our bodies on certain things that are in a mess

1Cor 12:12

Since the *body* is a unity all the members should be in collaboration

Luke 11:38-36

We are supposed to be on high alert of some organs among others

If our eyes are the getaway to your *body* then we should take care of our eyes just the same way we learned about our tongues. Don't allow your eyes to see things they should not see

E. g; **Phonography** through internet, magazines and other igniting or arousing materials that sparks our bodies to sin

Take control of your eyes and you will be full of light

Acts 2:25-26

This was the first message Peter preached after Jesus was taken up to Heave and the context is about proofing to Israelites that this Man Jesus though you have killed him he is the author of Salvation but we also learn something amazing

Peter said

- My Heart is glad
- My tongue rejoices because of Jesus resurrection
- And because of that fact even his *body* will live in Hope

When we take care of our organs within the members of our *Bodies* we can live in hope

God bless us as we plan to make our bodies pure so that we can serve our God acceptably